



SRI GURU RAM DAS UNIVERSITY OF HEALTH SCIENCES
SRI AMRITSAR



in collaboration with

**INDIAN ASSOCIATION FOR PARENTERAL AND ENTERAL NUTRITION (IAPEN)
AMRITSAR CHAPTER**

Organises

**ACADEMIC WORKSHOP ON
NUTRITIONAL MANAGEMENT OF
GASTROINTESTINAL DISORDERS 2026**

25th

February

2026

10:00 AM - 01:30 PM



**CLICK HERE TO
REGISTER**



Venue

**SRI GURU RAM DAS INSTITUTE OF
MEDICAL SCIENCES & RESEARCH**
MEHTA ROAD, SRI AMRITSAR

For More Information Contact

99886-85145

nutritionworkshop2026@gmail.com



ACADEMIC WORKSHOP ON NUTRITIONAL MANAGEMENT OF GASTROINTESTINAL DISORDERS 2026



Scientific Program

Wednesday
25th February 2026

Time	Topic	Speaker	Chairperson
09:00 – 09:30 am	Registration		
09:30 – 09:45 am	Welcome Address		
09:45 – 10:15 am	Inauguration		
Session - 1			
10:15 – 11:00 am	Feeding the Liver: Nutritional Strategies in NAFLD	Ms. Ritu Sudhakar (RD) Chief Dietitian, DMC, Ludhiana	Dr. Manish Chandey Professor SGRDIMS, Amritsar Ms. Guljeet Kaur Chief Dietitian, Fortis Hospital, Amritsar Ms. Shivangi Khanna (RD) Clinical Dietitian, MealMinds Diet Clinic, Amritsar
Session - 2			
11:00 – 11:30 am	Sarcopenia as a Prognostic Marker in Chronic Liver Disease	Ms. Ritu Sudhakar (RD) Chief Dietitian, DMC, Ludhiana	Dr. Gurinder Mohan Professor & Head SGRDIMS, Amritsar Ms. Minna Bagga Prof., SR Government College, Amritsar
Session - 3			
11:30 – 12:00 pm	The mind gut conversation - when gut talks to the brain	Ms. Sonia Gandhi Chief Dietitian, Fortis Hospital, Mohali	Dr. Pankaj Uppal Asst. Prof. SGRDIMS, Amritsar Dr. Jaspreet Kaur Professor, Government College for Women, Ludhiana Ms. Shweta Sehgal Clinical Dietitian, Dr. OM Prakash Eye Institute, Amritsar
Session - 4			
12:00 – 12:45 pm	IBS: Optimising Outcomes Through Targeted Nutrition Therapy	Ms. Ritu Sudhakar (RD) Chief Dietitian, DMC, Ludhiana	Dr. Parminder Singh Professor SGRDIMS, Amritsar Dr. Pratap Kumar Pati Prof. & Head of Biotechnology, GNDU, Amritsar Ms. Ridhi Khanna Clinical Dietitian, Wellness Coach, Eat It Right Clinic, Amritsar
Session - 5			
12:45 – 01:30 pm	Nutrition Therapy in Celiac Disease: From Diagnosis to Long-Term Follow-Up	Ms. Ritu Sudhakar (RD) Chief Dietitian, DMC, Ludhiana	Dr. Ravnit Samra Asst. Prof. SGRDIMS, Amritsar Dr. Ravneet Sandhu Assistant Professor, Amritsar Ms. Swati Gupta (RD) Clinical Dietitian, Parvati Devi Hospital, Amritsar
01:30 – 01:45 pm	Panel Discussion		
01:45 – 02:00 pm	Vote of Thanks		
02:00 pm onwards	Lunch		



Message from Organising Committee

We are pleased to announce a comprehensive Workshop on Gastrointestinal Disorders, aimed at enhancing understanding of the clinical, metabolic, and nutritional aspects of GI health. The workshop is designed to provide an integrated approach through expert talks, evidence-based guidelines, and interactive case discussions. This academic platform will bring together gastroenterologists, physicians, and nutrition professionals to exchange knowledge and practical insights for improved patient outcomes.

SGRD ORGANIZING COMMITTEE

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Sri Guru Ram Das University of Health Sciences, Sri Amritsar

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Director Principal cum Professor Anatomy, Sri Guru Ram Das Institute of Medical Sciences & Research, Sri Amritsar

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